

**Relay Take-off Card**

Event #: \_\_\_\_\_ Heat #: \_\_\_\_\_

Swimmer Position

Lane 1	2	3	4
Lane 2	2	3	4
Lane 3	2	3	4
Lane 4	2	3	4
Lane 5	2	3	4
Lane 6	2	3	4

O - Legal Exchange  
X - Disqualifying Exchange

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